

WHAT SCHOOL PERSONNEL SHOULD KNOW ABOUT ANAPHYLACTIC SHOCK

Prepared by the Jordan School District School Nurses

GENERAL INFORMATION

Anaphylaxis is the most severe form of an allergic reaction. It is a rare life threatening allergic reaction to certain substances such as food, bee stings, chemicals and medications. It occurs rapidly and can close off breathing passages. If instant treatment does not occur it can be fatal. Symptoms can appear anywhere from a few seconds to two hours after exposure. In fatal cases death has most often resulted from acute upper airway obstruction although profound circulatory collapse may occur without upper airway obstruction.

WARNING SIGNS OF ANAPHYLACTIC SHOCK

Rapid onset	Tingling sensation in mouth, face or throat
Feelings of apprehension	Itching
Sweating	Wheezing
Shallow respirations	Feeling of throat closing off
Abdominal cramps	Loss of consciousness
Nausea	Hives
Runny nose and eyes	Swelling (especially of the lips and face)
Cardiac arrest	

EMERGENCY TREATMENT

If above symptoms or known exposure occurs:

- a. Remain with the child
- b. Give injections and medications prescribed
- c. Call 911
- d. Be prepared to give CPR
- e. Call parents
- f. Keep warm and quiet

GENERAL PRECAUTIONS

- A. Avoid exposure to any offending substance that may cause an allergic reaction.
- B. Maintain a school staff trained in anaphylaxis emergency procedures. A minimum of three people must be trained in the use of the Epi-pen and medications.
- C. Keep Epi-pens or other prescribed medications available at school at all times.
- D. Check expiration dates on Epi-pens every month to ensure safety.
- E. Properly dispose of the Epi-pen after use.

THE FOLLOWING INFORMATION SHOULD BE OBTAINED FROM THE PARENTS

Child's Name _____ Date _____

Parent's Name _____ Address _____ Phone _____

Alternate Person to Call in Emergency _____ Relationship _____ Phone _____

Physician's Name _____ Address _____ Phone _____

SEVERE ANAPHYLACTIC REACTION TO: _____

Other Instructions: _____

SIGNATURES:

Substitute teachers and/or special teachers should have access to the above information.